

Are you procrastinating instead of studying for exams?

Meet with a learning strategist at the Centre for Academic Communication!



- ✓ **Free service**
- ✓ **Open 7 days a week**
- ✓ **Online or in-person appointments (including drop-in)**



Visit our website or scan QR code to book an appointment!
learnanywhere.uvic.ca/program



University
of Victoria

Learning and Teaching
Support and Innovation

"My assignment is so big I don't know where to start!"



A learning strategist can help you:

- Discuss how to get a better understanding of your assignment
- Learn how to break it down into manageable tasks
- Estimate how long tasks will take
- Plan effective study sessions



**Visit our website or scan QR code to book a free appointment
learnanywhere.uvic.ca/program**

Are you trying to juggle a heavy courseload?



Meet with a learning strategist at the
Centre for Academic Communication!

We will teach you how to manage your time, prioritize
your tasks, reduce distractions and avoid procrastinating!



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a week**



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in-person**

SCAN ME



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